

# Easily Manage Your Dental Benefits

Here's what you can do now to get the most from your plan.



## Create your secure online member account today

### 1 Go online

Visit [ameritas.com/sign-in](https://ameritas.com/sign-in) and select 'Member Sign In' under 'Dental, Vision & Hearing.'

### 2 Register

Under first-time users, select 'Register Now' and complete the form. Log into your new account and complete the verification process.

### 3 Authenticate

Provide the personal information used at enrollment including name, date of birth and ZIP Code. Mark if you are the insured member and enter your member ID.

Due to HIPAA regulations, only the primary member/policyholder has full account access. Learn more about [access levels](#).

**Go paperless.** Sign up to receive your explanation of benefits (EOB) statements online. To receive electronic EOBs instead of paper statements, select the go paperless option once you are logged in or when setting up your member account.

### Member account to-do list:



Print out or save your **ID card** to your smartphone



Review your **plan details** including maximum benefit, deductible amounts and your remaining benefits



Check if your current provider is part of the **Ameritas Dental Network**



Locate your **claims status** page so you can see how benefits are calculated and payments are processed

## Additional plan benefits found in your secure member account

### Additional savings

Ameritas offers money-saving discounts to help with hearing, prescription and eyewear expenses. These savings arrangements are not insurance and are available to Ameritas plan members at no additional cost to the plan premium. Access savings cards using the QR code or through your secure account at [ameritas.com](https://ameritas.com).



### Worldwide support

AXA Assistance helps find a provider and schedule an appointment if you have a dental or vision emergency while traveling outside the U.S.

#### Save these numbers:

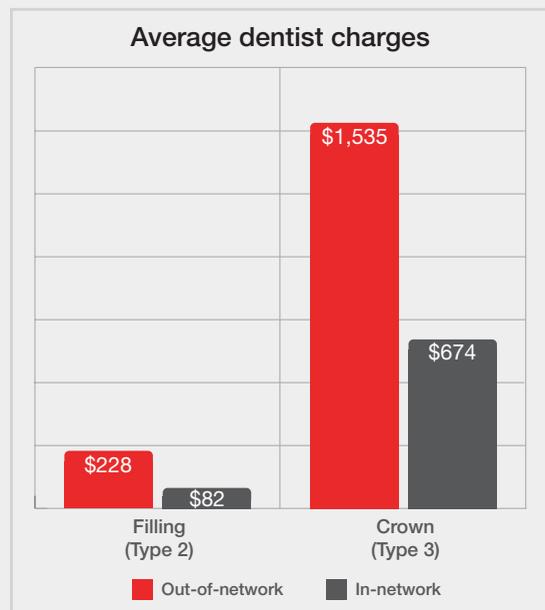
866-662-2731 (toll free)  
and 312-935-3727 (collect).



Watch this [short video](#) to learn more about navigating your secure member account.

## Evaluate your potential out-of-pocket costs

- Located in your secure member account, the dental cost estimator lets you compare estimated procedure charges based on ZIP Code. You can search estimates for both in-network and out-of-network providers.
- Ask your dentist to submit a pretreatment estimate for any dental work you consider expensive. Then Ameritas will let you know the amount insurance will cover so you can budget for the remainder. The pretreatment estimate is based on your plan benefits and submitted claims.



For illustrative purposes only. Allowance and cost estimates are specific to ZIP Code 605XXX. The initial cost without insurance has been estimated. Actual charges may vary.

## Save money

You can use your dental benefits with any provider. The thing to consider is out-of-network dentists will charge you their regular rates, whereas Ameritas network providers have agreed to charge you 25-50% less. After your plan benefits are applied, you pay the remaining balance.



## Find out if your dentist is in the network

Visit [ameritas.com](https://www.ameritas.com), [Find a Health Provider](#), to find a new dentist or see if your current provider is in the Ameritas Dental Network. For a list of providers that allow you to use your in-network benefits in Mexico, select Find a Contracted Provider in Mexico.

## Nominate your dentist

If your dentist is not in the network already, just go to [ameritas.com](https://www.ameritas.com), search for “nominate a provider” and complete the online form.

## Here to help

For plan information any time, visit [ameritas.com](https://www.ameritas.com) and sign in to your secure member account. Or download the Ameritas Benefits app available for iOS and Android. Log in with the same user ID and password you use for your secure member account. If you have questions about your plan benefits, use the chat feature located in your secure member account or call the Ameritas customer connections team.



### Claims, benefit and provider network questions:

group@ameritas.com | 800-487-5553

Monday - Thursday, 7 a.m. - Midnight (CST)

Friday, 7 a.m. - 6:30 p.m. (CST)



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